



## Bonner County Gardeners Association Education ~ Community Service ~ Camaraderie

October 2013

Please contribute to *The Garden Gate*. Informational articles, garden tips, announcements, and digital photos are welcome. For questions or comments please email [lauriebrown54@gmail.com](mailto:lauriebrown54@gmail.com) When emailing, please put "MG" in the subject line.

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### President's Message

Calendulas and Fall go hand-in-hand. Calendulas thrive in the cool days of fall, brightening gardens with their vivid yellow and orange hued flowers. Their daisy-like petals express their linked heritage with asters, chrysanthemums, sunflowers, dandelions, and many more Asteraceae genera.

Kingdom: Plantae  
Order: Asterales  
Family: Asteraceae  
Genus: Calendula  
Species: 15-20 (*Calendula officinalis*)

Calendula and calendar come from the Latin word *calendarium*. In temperate climates calendulas' bloom season is fairly continuous. The word literally means "throughout the months."

Calendulas are native to the Mediterranean region. Due to their medicinal and culinary values, calendulas are welcome in gardens around the world. *Calendula officinalis*, also known as the Pot Marigold, is the most widely cultivated calendula species. It is a perennial in its native lands; a hardy annual in colder climates, such as ours. The plants produce abundant seed that readily winter over, germinate in most kinds of soil, withstand light frosts, and often bloom within two months from germination. To

enjoy these beauties at their very best, plant them in a sunny location with moist well-drained soil.

October's birth flower is renowned for its many useful qualities. All parts of the *Calendula officinalis* plant are edible. Dried calendula flowers spice and brighten salads and other dishes. Boiling the flower creates vivid dyes used in foods, fabrics, and cosmetics. Calendula flowers are used to create many herbal medicinal remedies for all kinds of aches and pains; headaches, toothaches, stomachaches, and general body aches. It helps reduce swelling from insect bites and sprains. Calendula salves soothe skin irritations, burns, bruises, boils, and rashes. Plant pharmacological studies show that calendula extracts possess anti-viral and anti-inflammatory properties.

In ancient times, calendulas were believed to ward off evil spirits. Doorways and windows were adorned with garlands and wreathes. Placing garlands or bowls of calendulas under beds helped keep the monsters-under-the-bed at bay and sometimes produced prophetic dreams.

Early Christians revered the calendula as a sacred flower. They referred to it as "Mary's Gold," in honor of the Virgin Mary. They created colorful garlands of calendulas that they strung around the necks of holy saint statues, especially the statues of the Virgin Mary.

Calendulas were considered a most sacred herb in ancient India and used as part of religious ceremonies. Garlands graced the statues of Hindu Gods and were believed to banish evil. During the October Dussehra festival calendulas are one of the flowers used to express the victory of good over

evil. This year Dussehra starts on Monday, October 14.

Calendulas are known as one of the flower of death in Mexico. It is believed that the flowers sprang forth from where the Aztecs were slaughtered by the Spanish Conquistadores. Calendulas are used to adorn gravestones on the Day of the Dead.

Eating Calendula might make one see fairies, be easily induced to sleep, or to feel more amorous. There are claims that calendula flowers can ward off witchcraft, and if You are lucky enough to dream of these amazing flowers, a large sum of money will make its way to You.

Sweet Calendula Dreams to Us All, Jan



*“The tints of autumn- a mighty flower garden blossoming under the spell of the enchanter, Frost.”*

*John Greenleaf Whittier (1807-1892, American poet)*

*“But Oh! Fell death’s untimely frost, That nipt my flower so early”*

*Robert Burns (1759-1796, Scottish poet)*



## October Gardening To Do List

From Backyard Gardeners located at:  
[http://www.backyardgardener.com/Gardening\\_Montzonesep01.html](http://www.backyardgardener.com/Gardening_Montzonesep01.html)



### **Zone 3**

- Start fall compost pile
- Cover perennial, vegetable, bulb, and strawberry beds for winter
- Plant winter- and spring-flowering bulbs
- Divide and replant crowded fall-blooming bulbs after leaves yellow
- Cut back on feeding houseplants (do not feed dormant houseplants)
- Protect roses for winter

### **Zone 4**

- Start fall compost pile
- Cover perennial, vegetable, bulb, and strawberry beds for winter
- Plant winter- and spring-flowering bulbs
- Divide and replant crowded fall-blooming bulbs after leaves yellow
- Buy spring-blooming bulbs
- Plant container and balled-and-burlapped fruit trees
- Cut back on feeding houseplants (do not feed dormant houseplants)
- Plant, feed, and aerate cool-season lawns and loosen thatch
- Sow seeds for frost-tolerant perennials

- Divide and replant summer- and fall-blooming perennials after bloom
- Protect roses for winter
- Plant summer-blooming shrubs and vines
- Plant balled-and-burlapped trees
- Plant trees in containers
- Plant frost-tolerant trees

## Zone 5

- Start fall compost pile
- Plant winter- and spring-flowering bulbs
- Divide and replant crowded fall-blooming bulbs after leaves yellow
- Buy winter- and spring-blooming bulbs
- Plant container and balled-and-burlapped trees fruit trees
- Cut back on feeding houseplants (do not feed dormant houseplants)
- Plant cool- and warm-season lawns
- Aerate cool-season lawns and loosen thatch
- Sow seeds for frost-tolerant perennials
- Divide and replant summer- and fall-blooming perennials after bloom
- Plant container roses
- Protect roses for winter
- Plant container and balled-and-burlapped trees, shrubs, and vines
- Plant summer-blooming shrubs and vines
- Plant frost-tolerant trees



## BCGA Membership Meeting October 2, 2013

Present: Penny Barton, Jan Wilfert, Ann Warwick, Janae Dale, Howie Fennimore, Jon Bair, Butterfly Burke, Linda Gjording, Marjory Clements, Bruce Greene and Gail Swan

Meeting was called to order @ 9:00 am by President, Jan Wilfert

Sept minutes approved as written.

Treasurer's report: \$3772.31 (current balance)

### New Business

BCGA was requested to move into a different office within the Bonner Business Center to make space for another tenant; we have moved across & down the hall from suite E to suite K; we have also been notified that we could be asked to move with 60 days notice, so some research is being done regarding new office space. We will have to move no later than August, 2014.

### Elections for 2014

Historically, we have had a very poor return on election ballots; this year the nominating committee has made the selections for the officers and board for 2014. The selections are as follows: President: Jan Wilfert, Vice President: Janae Dale, Secretary: Ann Warwick, Treasurer: Bob Blair, Board Members: Jon Bair, Linda Gjording, Penny Goodman, Gray Henderson, Bonnie Pick, Patti Pietron and Barb Pressler; at this time, we have one vacant seat on the board; anyone interested in serving, please contact Jan Wilfert.

### Membership Course

At this time, we have 3 people who have signed up to take our membership course in 2014, and 2 have already paid for the course.

### Old Business

#### Trisha Murphy Committee

Barb Pressler contacted Tom Brunner to design and build 1 (possibly 2) benches for the area of the Farmers Market as a tribute to Trisha; there could be another at the Fairgrounds, depending on the cost.

**Pot Lucks**

Sat, Sept 14 @ noon at Marion Newsom-Banks; good time had by all.

**T-Shirt Logos**

Don't forget to get your shirt at Meyer's T's in the Mall-logo is paid for-just pay for the item you have the logo put on.

**School Gardens**

Janae will help amend the beds with compost and manure; all the veggies have been harvested and will be used to make a stew by the students; garlic will be planted this fall.

**Farmers Market:**

Customer appreciation Day was Sept 14 at the Market; Sandra Gevurtz, Gray Henderson & Judith Street were there and passed out packets of Wild-flower mix.

**Face Book Page**

Regina Mundell will be taking classes at the Chamber of Commerce to learn more about maintaining our facebook page.

**President's Volunteer Service Award**

BCGA has been selected to receive a "President's Volunteer Service Award"; the presentation will be at the beginning of the fair board meeting on Monday, Oct 7<sup>th</sup>, at 6PM in the South Wing of the Main Exhibit Building. All members are invited to attend.

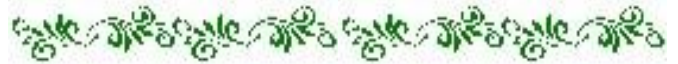
**Home Hort**

Our 1<sup>st</sup> HH class was excellent! We learned so much more about all the pollinators & had fun doing it; 21 people attended

**New Member**

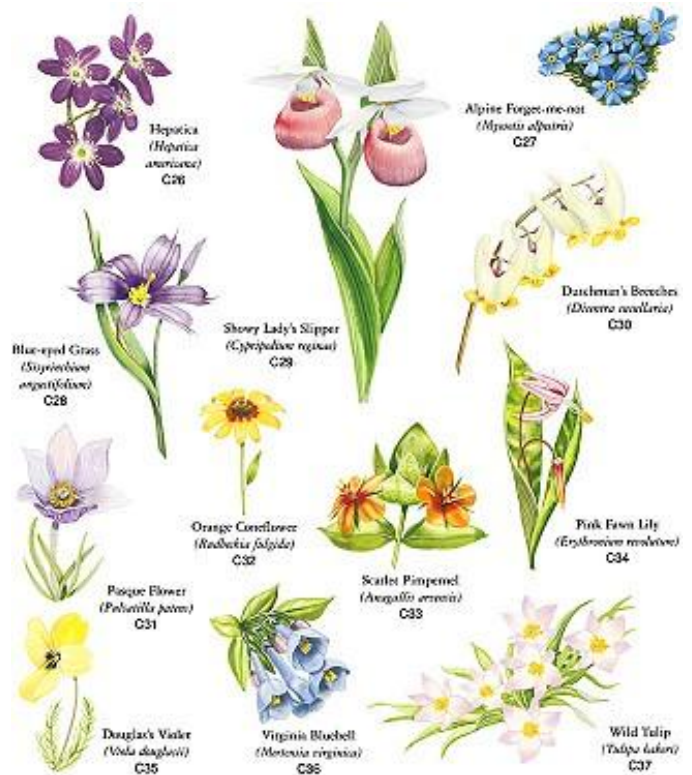
Please welcome our newest member, Bruce Greene; Bruce took the MG class in Bonners Ferry this spring and has now joined our association

Meeting adj @ 10:40



*"Gardening has a magical quality when you are a child. You plant little dry brown bulbs in fall, and while they are sleeping through the winter you almost forget about them. But in the spring they remember to come up as bright yellow and purple crocuses"*

*Barbara Damrosch, Theme Gardens (American landscape designer) 1982*



Event Chairs and Contact Info			
Event	Date*	Chair(s)	Contact
Membership Meetings	Ongoing – 1 <sup>st</sup> Wednesday of each month	Jan Wilfert	263-7405 or <a href="mailto:rj.wilfert2@frontier.com">rj.wilfert2@frontier.com</a>
Continuing Education Program	Ongoing		
Membership Committee	Ongoing	Zoe Bolton	<a href="mailto:zbolton@gmail.com">zbolton@gmail.com</a>
Home Horticulture Series	Spring & Fall	Don Childress, Janae Dale and Gail Swan	Don – 255-7928 or <a href="mailto:dwc1rsc@televar.com">dwc1rsc@televar.com</a> ; Janae – 265-2205 or <a href="mailto:dalejanae@gmail.com">dalejanae@gmail.com</a> , or Gail H 263-0180 C 290-4126 or <a href="mailto:gswan8274@hotmail.com">gswan8274@hotmail.com</a>
Home and Garden Show	April	Ann Warwick and Ellie Lizotte	Ann – H 263-2844 C 691-1900 or <a href="mailto:w.redguy@frontier.com">w.redguy@frontier.com</a> Ellie – 264-5462 or <a href="mailto:hopeellie@aol.com">hopeellie@aol.com</a>
School Gardens	Ongoing	Janae Dale	265-2205 or <a href="mailto:dalejanae@gmail.com">dalejanae@gmail.com</a>
Farmers Market	Spring/Summer	Sandra Gevurtz & Vicki Johnson	(509)922-2359 or <a href="mailto:sangevurtz@gmail.com">sangevurtz@gmail.com</a> 892-8586 or <a href="mailto:visandpoint@gmail.com">visandpoint@gmail.com</a>
Mickinnick Trailhead – meet the 1 <sup>st</sup> and 3 <sup>rd</sup> Wed of each month at 9am at the trailhead	Spring/Summer	Jan Griffiths	<a href="mailto:jan@looptravel.com">jan@looptravel.com</a> , 290-1973
Healing Garden	Spring/Summer	Gail Locke	<a href="mailto:Blasingame/gardenersdaughter@yahoo.com">Blasingame/gardenersdaughter@yahoo.com</a>
Potlucks	Summer	Ann Warwick, Jenna Bertus, Becky Reynolds	Ann – H 263-2844 C 691-1900 or <a href="mailto:w.redguy@frontier.com">w.redguy@frontier.com</a> Jenna - 255-7585 and <a href="mailto:grnhsgal@pot.net">grnhsgal@pot.net</a> Becky - <a href="mailto:rplace180@yahoo.com">rplace180@yahoo.com</a>
Garden Tour	July	Penny Barton	H 265-9733; C 610-1493 or <a href="mailto:miatamaven@gmail.com">miatamaven@gmail.com</a>
Bonner County Fair	Aug	Lynn Pietz	<a href="mailto:lynnpietz@hotmail.com">lynnpietz@hotmail.com</a> or 265-3563

